

MY VISION FOR SUCCESS

Courageous Living

Welcome to your courageous vision for success! Create the life you want by designing your inspired vision. A vision is best created by taking a moment to begin with the 'end in mind'. Taking steps forward in life can create uncertainty and generate a fear of "what's next". When you begin with the end in mind, you are already and effortlessly at your destination. All you need to do is evaluate where you are now with regard to where you want to be and bridge the gap.

By having a clear vision of your ideal outcome, you stay motivated and more focused with fewer distractions and accelerate your dreams come true! When the destination is 'taken care of' you can relax and enjoy more of the present moment instead of always wondering what lies ahead. You know what it is – you have created it!

Choose the timeline for your vision. Is it 6 months or 1 year? Now Imagine: It is the end of (INSERT YOUR END DATE HERE). As if you are writing a letter to a friend or a journal entry take a moment to place yourself 6months or 1 year from now and describe what your life is like, what have you achieved over the last year in the areas of your life that have greatest priority for you? What changes have you made? How do you feel and what is available to you now?

An intuitive response will come to you once you begin writing. Write from your heart. Ensure it is a vision that inspires and delights you and contains ONLY what you WANT and NONE of what you DON'T WANT. Use positive language.

If every word was in ingredient in your life – what would you say to create the life you want? The life that is worth living!

1. Write your thoughts in the present; as if they are happening now or have happened already.
2. Write in the positive and don't censor or question your thoughts - allow your vision to flow.
3. Describe what your life is like personally as well as professionally. How do you feel? What has changed? And what is available to you now?

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Complete the following statement with your vision for success.

~ *It is _____ (end date ex December 31, 2015). I am celebrating because... (now write the story of your life..)*

If you would like more support or to clarify your vision or bring it to life in a safe and loving environment, visit <http://courageousliving.com/about/mentors-circle>